



# RELOCATING TO SAN DIEGO



Permanent Change of Station (PCS) moves are challenging. This “Hot Sheet” lists resources that can help!



## New to San Diego?

### FLEET & FAMILY SUPPORT CENTER (FFSC)

*Your one stop shop!* FFSC serves every member of the military and their families. Services include FREE Welcome Aboard Packages, referrals, workshops, career support, financial management, deployment support, EFMP support, volunteer options, counseling, and more. FFSC offers “Lending Lockers” at our three on-base locations with basic kitchen items for loan.

#### NEED TEMPORARY LODGING?

Navy Lodge: 800-NAVY-INN  
Navy Gateway Inns & Suites: 877-NAVY-BED  
DOD Lodging (all branches)  
[www.dodlodging.net](http://www.dodlodging.net)

#### NEED HOUSING INFORMATION?

Bring a copy of your Page 2 & Orders to the Housing Welcome Center, NBSD Bldg 3544 or call 619-556-8443. Complete your application online:  
<http://lincolnmilitary.com/installations/san-diego-naval-complex/>

UNACCOMPANIED HOUSING: *Please see below\**

LINCOLN MILITARY HOUSING: 619-556-7667

#### NEED CHILDCARE?

[www.militarychildcare.com](http://www.militarychildcare.com)

#### LOOKING FOR SCHOOLS?

Visit [www.greatschools.org](http://www.greatschools.org) for information or contact your School Liaison Officer <http://navylifesw.com/sandiego/families/cyp/school liaison/>

#### MOVING ENTITLEMENTS:

For current allowances, visit [www.defensetravel.dod.mil](http://www.defensetravel.dod.mil) or call your nearest PSD. Hot Tip: Ask your command/PSD about DLA and TLE

#### NAVSUP (HOUSEHOLD GOODS):

Questions about storage or shipping household goods?  
<http://www.navsup.navy.mil/household>  
Call (855) HHG-MOVE or e-mail: householdgoods@navy.mil.  
Or for more information visit [www.move.mil](http://www.move.mil).

#### UPDATE DEERS:

Call 800-538-9552 or visit [www.dmdc.osd.mil/milconnect](http://www.dmdc.osd.mil/milconnect)

#### UPDATE TRICARE:

877-988-WEST or [www.uhcmilitarywest.com](http://www.uhcmilitarywest.com)

#### UPDATE METLIFE (DENTAL):

855 MET-TDP1 or <https://employee dental.metlife.com>

#### NAVAL LEGAL SERVICES:

619-556-2211 or [www.jag.navy.mil](http://www.jag.navy.mil)

#### HELPING RESOURCES:

211: 24/7 referrals to community resources in southern CA, including childcare! Call 2-1-1 from a land line, 858-300-1211 from a cell, or visit [www.211sandiego.org](http://www.211sandiego.org)

#### NAVY MARINE CORPS RELIEF SOCIETY (NMCRS):

Call to set an appointment for a budget evaluation before you choose a place to live to help you choose

housing you can afford. See [www.nmcrcs.org](http://www.nmcrcs.org) for more information and locations.

#### MILITARY ONE SOURCE:

Free community and relocation information, 24 hours/day. Call 800-342-9647 or see articles at [www.militaryonesource.mil](http://www.militaryonesource.mil)

#### DEPARTMENT OF MOTOR VEHICLES:

Phone: 800-777-0133  
[www.dmv.ca.gov/portal/dmv](http://www.dmv.ca.gov/portal/dmv)

#### PETS & TRAVEL

Hotels Accepting pets [www.petswelcome.com](http://www.petswelcome.com)

#### FAA Pet Travel Requirements

[www.faa.gov/passengers/fly\\_pets/](http://www.faa.gov/passengers/fly_pets/)

Military Veterinary Office, MCAS Miramar: 858-577-6552

#### EXCEPTIONAL FAMILY MEMBER PROGRAM, SAN DIEGO:

619-556-7404  
[www.navylifesw.com/sandiego/families/ffsc](http://www.navylifesw.com/sandiego/families/ffsc)

#### FAMILY CARE PLAN:

Remember to update as applicable. Fleet & Family Support Center can help

## Transferring Resources

### MILITARY INSTALLATIONS (MI) BOOKLET

A great tool for relocating military families to research their new base! Although information may not be available for all locations, it is available for most major installations. Follow the steps below to access the website and your new installation's downloadable booklet

- Open your web browser and go to [www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)
- Click “View a directory of installations” underneath the blue bar that reads “Looking for a particular installation or state?”
- A new window opens. Choose branch of service and select base from list
- Name of installation should appear in box under “Enter an installation.” Click “Go”
- To print booklet, choose “Installation Booklet” as last option on left side of screen
- Select which categories you want included in booklet
- Choose “Download installation booklet” and it will open in Adobe Reader

### MILITARY INSTALLATIONS (MI) PLAN MY MOVE

- A great tool to utilize as you count down to moving day!
- Open your web browser and go to [www.militaryinstallations.dod.mil](http://www.militaryinstallations.dod.mil)
- Click “Plan My move” on bottom right side of screen
- Scroll down to “Plan My Move” and enter your location and destination information and click “Go”
- A customizable calendar will be created for you.

### OMBUDSMAN

The Ombudsman is the official command liaison between the family members and the command. Your Ombudsman's contact information may be listed in your orders, if not you can call your destination FFSC or go to [www.Ombudsmanregistry.org](http://www.Ombudsmanregistry.org) to locate them. Be sure to ask your Ombudsman about childcare information, housing and other area resources.

### PERSONAL PROPERTY OFFICE (PPO)

Phone: 855-HHG-MOVE (855-444-6683)  
Email: householdgoods@navy.mil  
Application: [www.move.mil](http://www.move.mil)

### UNACCOMPANIED HOUSING INFORMATION\*

- ▶ **NAVAL AMPHIBIOUS BASE CORONADO**  
Phone: 619-437-3494  
DSN: 577-3494
- ▶ **NAVAL AIR STATION NORTH ISLAND**  
Phone: 619-545-7545  
DSN: 735-7545
- ▶ **NAVAL BASE POINT LOMA, NMAWC**  
Phone: 619-524-1597  
DSN: 524-1597
- ▶ **NAVAL BASE POINT LOMA, MAIN BASE**  
Phone: 619-553-7530  
DSN: 553-7530
- ▶ **NAVAL BASE SAN DIEGO**  
DSN: 526-1077  
Phone: 619-556-1077
- ▶ **NAVAL MEDICAL CENTER SAN DIEGO**  
Bldg. 26  
DSN: 526-6282  
Phone: 619-532-6282

### PACIFIC BEACON-PRIVATIZED UNACCOMPANIED HOUSING

NAVAL BASE SAN DIEGO  
Phone: 888-437-1485